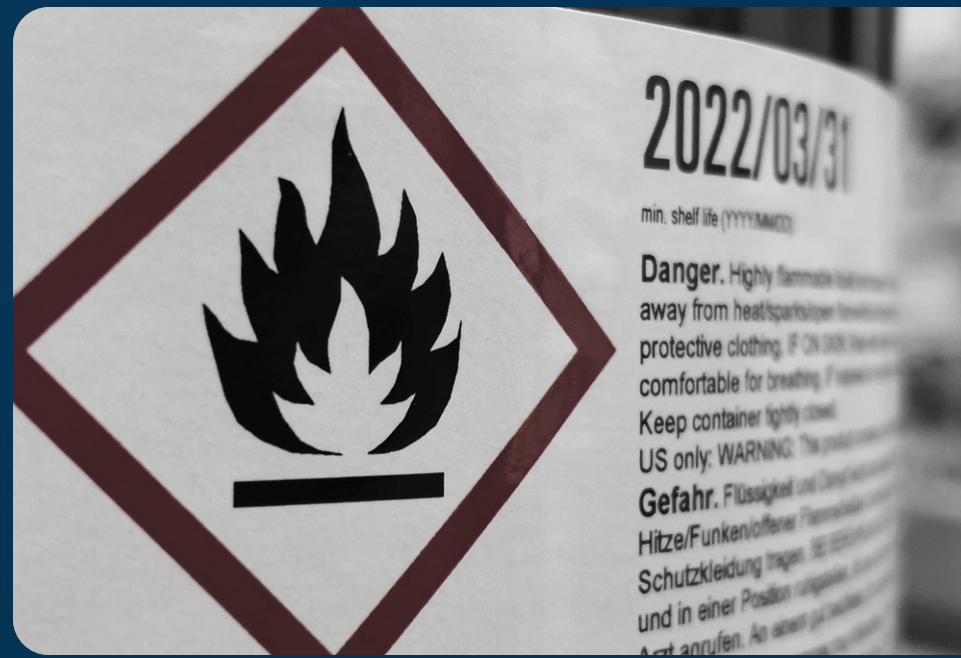


OSHA'S MOST CITED GENERAL INDUSTRY WORKPLACE SAFETY STANDARDS



Hazard Communication

1910.1200

KNOW WHAT YOU'RE WORKING WITH

Cleaners, solvents, and other chemicals used on the job come with hazards that can hurt you if you don't know about them. Employers are required to clearly label dangerous substances, provide data sheets for them, and train you to handle them safely. Knowing what's in the products you use is your right.



Powered Industrial Trucks (PITs)

1910.178

DRIVE SAFE, STAY SAFE

PITs like forklifts are dangerous if you're not trained. Your employer is required to ensure PITs are well-maintained and rated for use in your work environment. They must also train you on safely operating equipment — unbalanced loads, poorly maintained equipment, and excessive speeds put you at risk. Know the rules before you get behind the controls.



Electrical

1910.303 General Requirements | 1910.305 Wiring Methods, Components and Equipment

STAY GROUNDED

Electricity powers the job, but it can also hurt you if you're not careful. Employers must ensure that electrical systems and equipment are safe, maintained, and only accessed by those who are trained and qualified. Zap the risk, not yourself.



Personal Protective Equipment (PPE)

1910.134 Respiratory Protection | 1910.132 General Requirements

GEAR UP FOR SAFETY

Dust, fumes, and chemicals can get in your eyes, on your hands, and wreck your lungs if you're not protected. Employers are required to evaluate your job, identify hazards, provide the right PPE (including respirators, gloves, safety glasses, and more), ensure it fits right, and train you to use it. It's your employer's job to provide all the gear you need to keep you safe — it's your job to wear it.



Lockout/Tagout

1910.147

LOCK IT TIGHT, TAG IT RIGHT

Just shutting equipment down to work near it, work on it, or remove a jam isn't enough. Machines can power up unexpectedly and cause serious injuries. Your employer must have equipment-specific lockout/tagout procedures and train you on what they are and when to use them to protect you. Take control of your safety by respecting the locks and tags.



Portable Fire Extinguishers

1910.157

EXTINGUISH THE HAZARDS

When fire breaks out, it's "fight or flight" — and your employer needs to tell you which. If you are expected to "fight", then employers are required to provide the right fire extinguishers, keep them unobstructed and inspected, and train you when and how to use them. Knowing where extinguishers are and how to use them will help you be ready to act.



Exit Route Maintenance, Safeguards, and Operational Features

1910.37

KNOW YOUR WAY OUT

Blocked emergency exits aren't exits — they're dangers. Employers are required to ensure that emergency exits are unlocked, well-lit, and clutter free. They must also train you on what to do and where to go if something happens. Knowing your way out is the best defense when things go wrong.